



CAP / Mitacs (Student) Workshop: Career Networking

- When:** Sunday, June 2, 2019 – 3:00-6:00 p.m
- Where:** Simon Fraser University
- Open to:** Students and post-docs attending the 2019 CAP Congress
- Registration:** through the CAP's [Congress registration system](#)
- Fee :** \$5 (to cover coffee break)

WORKSHOP DESCRIPTION

Practical Tips for Growing Your Network – Flipped Classroom

Part 1: Online component (approx. 60 minutes – mandatory pre-requisite to Part 2)

Part 2: ½ day in-person component (3 hours)

Get the knowledge you need to build your network! Your time at graduate school or during your post-doctoral fellowship will be filled with opportunities to make connections in and outside of your field. This flipped classroom course requires you to view a short online course that will give you the information you'll need to make the most of each opportunity followed by an in-person session where you will put knowledge to practice!

Building a strong personal and professional network may be one of the single most important things you can do for your career. Learn how to plan, prepare, build and foster your network and watch opportunities unfold in front of you.

Learning outcomes:

At the end of the session, you will:

- Have learned the importance of building a strong network
- Techniques on tapping into the existing network around you
- Have learned practical tips on identifying and planning networking opportunities
- Learn to strategically prepare for an upcoming event
- Have a better understanding of social networking tools available and tips on how and when to use them
- Apply knowledge gained and practice with peers
- Plan your network
- Network with peers